



# February & March Newsletter 2026





# UPCOMING TRIPS

## THE NASH CASINO

THE  
**Nash**  
CASINO

**NASHUA, NH**

**ADULTS & SENIORS**

**\$10.00**

**THURSDAY, FEBRUARY 12TH, 2026**

**9:00 AM – 4:00 PM**

Get ready for an exciting casino trip! Whether you're trying your luck at the slots, enjoying a poker game, or savoring delicious dining options, there's something for everyone. Don't forget to set a budget, have fun, and soak in the vibrant atmosphere.

**DEPART FROM 127 ELM STREET PARKING LOT AT 9 AM**



**REGISTER NOW**

## BOSTON TRIP 2026



**BOSTON, MA**

**\$75.00**

**SATURDAY, MAY 30TH, 2026**

**8:30 AM – 8:00 PM**

Join us for an exciting day trip to Boston! Explore historic sights, stroll through the city, enjoy great food, shopping, and unforgettable views. Don't miss out on a fun day in the city!

**This day is for you!**

**LEAVE FROM CIRTRONICS IN MILFORD AT 8:30 AM**

**528 RTE 13 SOUTH, MILFORD, NH 03055**



**REGISTER NOW**



# YOUTH TRIPS

## FEBRUARY VACATION 2026



### KEENE YMCA & BOWLING

MONDAY, FEBRUARY 23<sup>RD</sup>, 2026

**8:30 AM – 4:00 PM**

Spend the day with us as we will take a trip to the Keene Family YMCA, where we will enjoy a morning of swimming! In the afternoon, we will stop by Yankee Lanes to play a few rounds of bowling! Food is included; please bring an extra pair of clothes, a towel, and water!

**KEENE, NH**

**RES: \$65 NRES: \$70**

**DEPART FROM 127 ELM  
STREET PARKING LOT AT  
8:30 AM  
(WEST ENTRANCE KEYES  
MEMORIAL PARK)**



**REGISTER NOW**



**FITCHBURG, MA**

**RES: \$75 NRES: \$80**

### GREAT WOLF LODGE

TUESDAY, FEBRUARY 24<sup>TH</sup>, 2026

**8:30 AM – 4:00 PM**

Enjoy the day at the Indoor Water Park, where it's a full day of fun and splashes! Pizza will be provided! Please bring your swimsuit, towel, extra clothing, suitable footwear, and water.

**DEPART FROM 127 ELM STREET PARKING  
LOT AT 8:30 AM  
(WEST ENTRANCE KEYES MEMORIAL PARK)**



**REGISTER NOW**



# **YOUTH TRIPS**

## **FEBRUARY VACATION 2026**



**HOOKSETT, NH**

**RES: \$75 NRES: \$80**

### **BLOCK PARTY SOCIAL & MOVIE**

**WEDNESDAY, FEBRUARY 25TH, 2026**

**9:30 AM – 4:00 PM**

Join us for a day of arcade games, laser tag, and a movie! Each participant will receive \$20 in gameplay, but bring your own money! Food & Cupcakes will be provided for everyone! After our gameplay, we will make our way back to Milford's Town Hall Auditorium for a movie with popcorn and delicious drinks!

**DEPART FROM 127 ELM STREET PARKING**

**LOT AT 9:30 AM**

**(WEST ENTRANCE KEYES MEMORIAL PARK)**



**REGISTER NOW**



**TOWN HALL  
AUDITORIUM**

**\$5 PP AT DOOR  
INFANTS FREE!**

### **WILDLIFE ENCOUNTERS**

**THURSDAY, FEBRUARY 26<sup>TH</sup>, 2026**

**11:00 AM – 12:00 PM**

Wildlife Encounters will be coming to the Milford Recreation Department. You will have an opportunity to meet the "Faces of Nature" through a dynamic and interactive animal presentation. This program has "hands-on" potential with some of the smaller, interactive animals.



**REGISTER NOW**





# EVENTS



**ALL AGES  
(FAMILY/FRIENDS)  
\$40 PER TEAM  
1 PERSON  
REGISTERS  
TOWN HALL  
AUDITORIUM**

## **PUZZLE PALOOZA**

**FRIDAY, FEBRUARY 6<sup>TH</sup>, 2026**

**6:00 – 8:00 PM**

Get ready for a fun-filled night of puzzles and brain-teasing challenges at Puzzle Palooza! This exciting event brings families and friends together for problem-solving, teamwork, and plenty of fun. Perfect for all ages—don't miss out!



**REGISTER NOW**



**ALL AGES  
(FAMILY/FRIENDS)  
\$10 PER  
PERSON  
TOWN HALL AUDITORIUM**

## **SOMEONE SPECIAL DANCE**

**SATURDAY, MARCH 7<sup>TH</sup>, 2026**

**6:00 – 8:00 PM**

Celebrate special moments with your little one at our Someone Special Dance! This heartwarming event offers music, dancing, and fun activities, creating memorable experiences for children and their special guests. A perfect way to share joy and make lasting memories together!



**REGISTER NOW**





# EASTER EGG HUNT

**MARCH 28TH 11 AM - 2 PM**

**KEYES MEMORIAL PARK**

**INDOOR LOCATION  
TOWN HALL AUDITORIUM**

*Fun family games,  
prizes, and even the  
Easter Bunny!*



**FOR MORE INFORMATION,  
CONTACT US:  
(603) 249 - 0625**



# TODDLER PROGRAMS

## TODDLER PLAY ALONG



**AGES 2 - 5**  
**FREE!**

**JAN. 16 - APR. 23**

**10:00 AM - 11:00AM**

**BOYS & GIRLS CLUB**

Bring your little explorers to our toddler playgroup, a safe and engaging space for children to play, learn, and grow together. Parents and caregivers can connect, share tips, and enjoy quality time while their toddlers socialize and explore.



**REGISTER NOW**

## TODDLER BASKETBALL



**AGES 2 - 5**

**RES: \$40 NRES: \$45**

**S2: FEB. 3 - MAR. 3**

**\*NO PROGRAM 2/24\***

**10 - 10:30AM &**

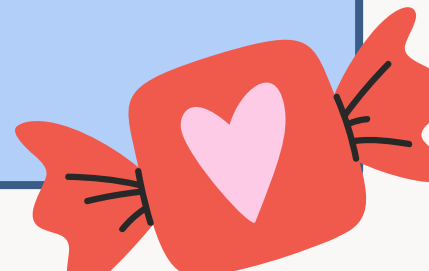
**10:30 - 11:00AM**

**TOWN HALL AUDITORIUM**



**REGISTER NOW**

Introduce your little one to the fun of basketball! Our Toddler Basketball program emphasizes fundamental skills, movement, and teamwork in a playful and supportive environment. It's a great way for toddlers to stay active, build confidence, and have fun with friends.



# TODDLER PROGRAMS

## MINIS IN MOTION



**AGES 2 -5**

**\$40**

**MONDAY'S**

**MAR. 2 – MAR. 30**

**10:00 AM – 10:45 AM**

**TOWN HALL AUDITORIUM**

Our Minis in Motion Program is a fun and energetic way for children to explore movement, rhythm, and self-expression! Kids will develop coordination, confidence, and creativity through imaginative activities, playful choreography, and exciting music.



**REGISTER NOW**

## TODDLER SOCCER



**AGES 2 -5**

**TUESDAY'S**

**RES: \$40 NRES: \$45**

**MAR. 3/31 – APR. 4/21**

**MAY 5/5 – 5/26**

**10:00 AM – 10:30 AM**

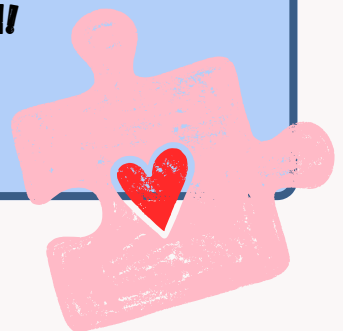
**10:30 AM – 11:00 AM**

**KEYES MULTIPURPOSE FIELD**

**INTRODUCE YOUR LITTLE ONE TO THE JOY OF MOVEMENT AND TEAMWORK! THIS FUN, PLAY-BASED SOCCER CLASS HELPS TODDLERS BUILD COORDINATION, BALANCE, AND CONFIDENCE THROUGH SIMPLE GAMES AND ACTIVITIES. WITH A FOCUS ON FUN, NOT COMPETITION, KIDS LEARN TO KICK, CHASE, AND LAUGH THEIR WAY THROUGH EVERY SESSION!**



**REGISTER NOW**





# **YOUTH PROGRAMS**

## **ADULTING 101**



**AGE: 12-18**

**\$20 FOR THE ENTIRE SESSION**

**6-7:30 PM**

**APRIL 1 - MAY 6**

**\*NO PROGRAM 5/29\***

**(WEDNESDAYS)**

**BANQUET HALL**

Adulting 101 is designed to help you develop the confidence and practical skills necessary to thrive in everyday life. From budgeting, cooking, and time management to basic home maintenance, communication, and self-care, we'll cover the essentials that make "adulting" a little less overwhelming!



**REGISTER NOW**

## **SAFE SITTER**



**SAFESITTER**

**INSTRUCTOR MRD STAFF**

**9:00 AM - 3:30 PM**

**MARCH 10TH, 2026**

**FEE: \$RES: \$90 NRES: \$95**

**LOCATION: TOWN HALL**

**BANQUET HALL**

Prepare teens to be responsible, confident babysitters! Our Safe Sitter program teaches safety, basic childcare, and problem-solving skills in a fun, interactive setting. Perfect for teens ready to care for younger children responsibly.



**REGISTER NOW**



# ADULT/SENIOR PROGRAMS

## PICKLEBALL



**AGES 18+**

**\$3 DROP - IN OR \$25 SESSION  
(MONDAY)**

**FEB. 2 - MAR. 30**

**(THURSDAY)**

**FEB. 5 - APR. 2**

**8:30 AM - 10:00 AM**

**BOYS & GIRLS CLUB**

Looking for a fun way to stay active, meet new people, and enjoy some friendly competition? Pickleball is perfect for adults of all skill levels!

Whether you're a beginner or a seasoned player, come out, grab a paddle, and experience this fast-growing, social sport.



**REGISTER NOW**

## TAI CHI

### QIGONG/FOUNDATIONS



**AGES 18+**

**\$10 DROP - IN  
(TUESDAY'S)**

**FEB. 3 - MAR. 31**

**6:30 - 7:30PM**

**TOWN HALL BANQUET HALL**

Experience the calming benefits of Tai Chi & Qigong Foundations, a gentle class focused on slow movements, balance, breathing, and mindfulness. This program is perfect for beginners and anyone looking to improve flexibility, reduce stress, and support overall well-being.



**REGISTER NOW**

# **ADULT/SENIOR PROGRAMS**



**AGES 18+**

**\$40 PER SESSION**

**TUES. FEB. 3 – FEB. 24**

**THUR. FEB. 5 – FEB. 26**

**TUES. MAR. 3 – MAR. 31**

**THUR. MAR. 5 – MAR. 26**

**5:15 – 6:15PM**

**TOWN HALL BANQUET HALL**

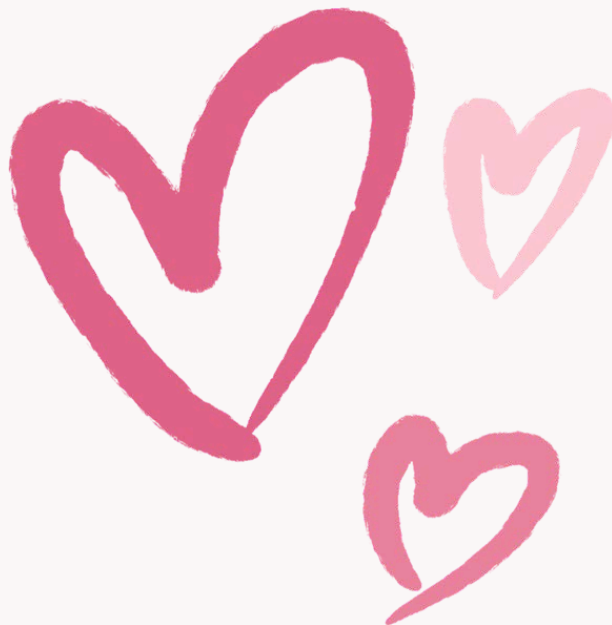
## **TAI CHI FORMS**

Learn and practice the flowing movements of Tai Chi Forms in this class designed to improve balance, flexibility, and focus.

Participants will be guided through a series of gentle sequences that promote relaxation, coordination, and overall well-being. Perfect for beginners and experienced practitioners alike!



**REGISTER NOW**





# **ADULT / SENIOR PROGRAMS**

## **YOGA STRENGTH**



**AGES 18+**

**\$105 SESSION**

**TUESDAY'S**

**MAR. 4 – APR. 15**

**8:30 – 9:30 AM**

**TOWN HALL**

**AUDITORIUM**

Build strength, improve flexibility, and enhance balance with our Yoga Strength program. This class combines traditional yoga poses with strength-focused exercises, helping participants tone muscles, increase endurance, and promote overall wellness in a supportive and energizing environment.



**REGISTER NOW**







# **ADULT/SENIOR PROGRAMS**

## **SEATED YOGA**



**AGES 50+**

**\$40 SESSION**

**THURSDAY'S**

**FEB. 5 – FEB. 26**

**MAR. 5 – MAR. 26**

**10:00 – 11:00 AM**

**TOWN HALL BANQUET HALL**

Enjoy the benefits of yoga from the comfort of a chair! Seated Yoga is a gentle, accessible program designed to improve flexibility, strength, and relaxation. Perfect for participants who prefer or require a modified approach to traditional yoga.



**REGISTER NOW**

## **SENIOR COFFEE CONNECTIONS**



**AGES 50+**

**2<sup>ND</sup>. WEDNESDAY,**

**MARCH – NOVEMBER**

**10:00 – 11:30 AM**

**TOWN HALL BANQUET HALL**

Join us for Senior Coffee Connections, happening monthly from March through November! Enjoy coffee, conversation, and a variety of engaging programs each month, designed to bring the community together, spark new friendships, and offer fun and informative activities for our senior participants.

**PLEASE VISIT OUR  
WEBSITE TO REGISTER OR  
CALL (603) 249 – 0625**



# **ADULT/SENIOR TRIPS!**

## **AVIATION MUSEUM OF N.H.**



**\$30**

**MARCH 5TH, 2026**

**10:00 AM – 4:00 PM**

**DEPART FROM THE 127  
ELM STREET PARKING LOT  
AT 10 AM**

**REGISTRATION DEADLINE:  
2/19**

**THURSDAY, MARCH 5<sup>TH</sup>, 2026**

**10:00 AM – 4:00 PM**

Join the Milford Recreation Department for an exciting trip to the Aviation Museum of NH! Explore historic aircraft, interactive exhibits, and fascinating stories of flight. After our tour, we will stop at the 99 Restaurant in Manchester for an Afternoon lunch!



**REGISTER NOW**

## **KEENE AXE THROWING**



**\$60**

**9:30 AM – 4:00 PM**

**DEPART FROM 127 ELM ST.  
PARKING LOT AT 9:30 AM  
DEADLINE TO REGISTER:  
2/26**

**THURSDAY, MARCH 12<sup>TH</sup>, 2026**

**9:30 AM – 4:00 PM**

Join us for Senior Coffee Connections, happening monthly from March through November! Enjoy coffee, conversation, and a variety of engaging programs each month, designed to bring the community together, spark new friendships, and offer fun and informative activities for our senior participants.



**REGISTER NOW**



# **ADULT/SENIOR TRIPS!**



## **102 ESCAPE ROOM**

**THURSDAY, APRIL 9TH, 2026**

**2:00 PM – 7:00 PM**

**\$55**

**APRIL 9TH, 2026**

**2:00 PM – 7:00 PM**

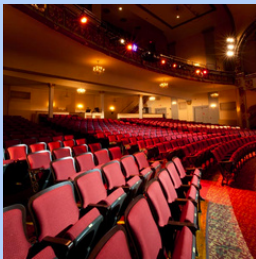
**DEPART FROM THE 127  
ELM STREET PARKING LOT  
AT 2 PM**

**REGISTRATION DEADLINE:  
3/26**

Put your problem-solving skills to the test and have a blast with friends on our escape room trip! Enjoy a fun, interactive experience filled with puzzles, teamwork, and laughs.



**REGISTER NOW**



## **FOOTLOOSE AT PALACE THEATRE**

**FRIDAY, APRIL 17TH, 2026**

**4:00 PM – 10:00 PM**

**\$80**  
**APRIL 17TH, 2025**  
**4:00 PM – 10:00 PM**  
**DEPART FROM THE 127 ELM  
STREET PARKING LOT AT  
4:00 PM**  
**DEADLINE: 4/3/25**

Kick off your Sunday shoes and join us for Footloose! Experience the high-energy musical filled with unforgettable songs, incredible dancing, and a story about finding freedom, friendship, and the courage to be yourself. Don't miss this feel-good production that will have you dancing in your seat! Before the show, we will stop by Ignite Bar & Grille for a lovely dinner!



**REGISTER NOW**

# Feeling LUCKY! ADULT/SENIOR TRIPS!



## BOSTON RED SOX

**FRIDAY, MAY 1<sup>ST</sup>, 2026**

**2:00 PM – 11:00 PM**

This is a pitch you don't want to miss! Join us for a night you won't forget at Fenway Park, home of the Boston Red Sox, as they battle the Houston Astros!

Whether this is your first trip or your tenth, Fenway Park has numerous amenities to offer, from The Green Monster to Pesky's Pole in Right Field to singing "Sweet Caroline" in the 8th Inning. You are guaranteed to have the best experience of your life. Grab your glove, your favorite Red Sox hat, and secure your seat by registering today!

### **TRANSPORTATION & TICKET**

**FEE: \$75 RES; \$95 NRES**

**MAY 1ST, 2026**

**DEPART FROM 127 ELM ST.**

**PARKING LOT AT 2:00 PM**

**DEADLINE: 4/17**



**REGISTER NOW**



## FULLER GARDENS

**THURSDAY, MAY 21<sup>ST</sup>, 2026**

**10:00 AM – 4:00 PM**

JOIN MILFORD RECREATION FOR A RELAXING AND SCENIC GARDEN TRIP FILLED WITH BEAUTIFUL BLOOMS, PEACEFUL WALKABLE PATHWAYS, AND FRESH AIR. ENJOY TIME EXPLORING STUNNING GARDENS, TAKING PHOTOS, AND UNWINDING IN A CALM, NATURAL SETTING. THIS TRIP IS IDEAL FOR NATURE LOVERS, GARDEN ENTHUSIASTS, OR ANYONE SEEKING A REFRESHING DAY OUT WITH FRIENDS. TRANSPORTATION IS PROVIDED—BRING COMFORTABLE SHOES, YOUR CAMERA, AND YOUR LOVE OF THE OUTDOORS! AFTER OUR GARDEN VISIT, WE WILL STOP BY THE BEACH PLUM IN NORTH HAMPTON FOR LUNCH!

**\$35**

**MAY 21ST, 2026**

**10:00 AM – 4:00 PM**

**DEPART FROM THE 127 ELM**

**STREET PARKING LOT AT 9:00 AM**

**REGISTRATION DEADLINE: 5/7**



**REGISTER NOW**







# ADULT/SENIOR TRIPS!

## M/S MOUNT WASHINGTON



**\$85**

**MAY 28TH, 2026**

**8:00 AM – 4:00 PM**

**MIN: 5 MAX: 14**

**DEPART FROM THE 127 ELM  
STREET PARKING LOT AT**

**8:00 AM**

**REGISTRATION DEADLINE: 5/4**

**THURSDAY, MAY 28<sup>TH</sup>, 2026**

**8:00 AM – 4:00 PM**

**JOIN US FOR A SCENIC BOAT CRUISE ON  
LAKE WINNIPESAUKEE ABOARD THE  
HISTORIC M/S MOUNT WASHINGTON!  
ENJOY BREATHTAKING LAKE AND  
MOUNTAIN VIEWS WHILE RELAXING ON  
DECK OR INSIDE THE COMFORTABLE  
DINING AREAS. LUNCH ON THE BOAT!!**



**REGISTER NOW**







# BRUNCH BINGO!

**EVERY 4TH WEDNESDAY  
MARCH - NOVEMBER**

**BINGO!**

**JOIN US FOR A LIVELY BINGO SESSION FILLED  
WITH LAUGHS, PRIZES, AND GOOD COMPANY!  
WHETHER YOU'RE A SEASONED PLAYER OR  
TRYING IT FOR THE FIRST TIME, EVERYONE'S  
WELCOME. GRAB YOUR CARDS, MARK YOUR  
NUMBERS, AND GET READY TO SHOUT BINGO!**

**\$3 FOR BINGO CARDS  
\$3 MEALS ON WHEELS LUNCH  
CALL CAROL MCKILLIP TO  
RESERVE A LUNCH!  
(603) 424-9967**

**12 PM - 2 PM**

**TOWN HALL AUDITORIUM**



**FOR MORE INFO; CONTACT  
(603) 249-0625 OR  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**



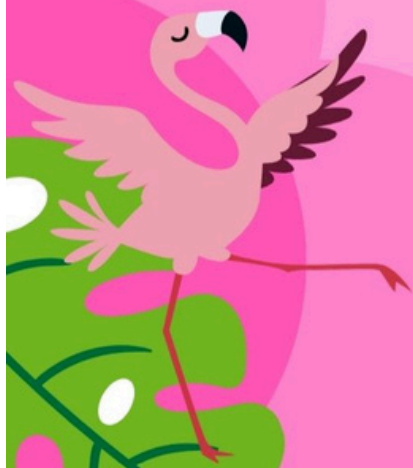


# **YOU'VE BEEN FLOCKED!**



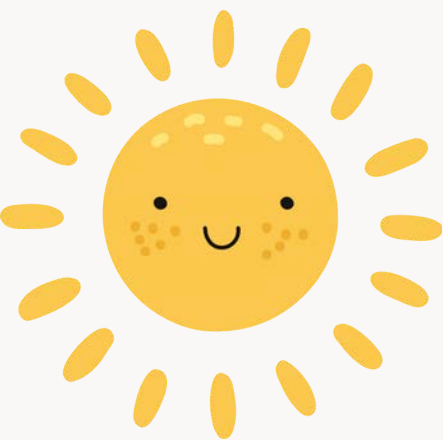
**BRIGHTEN SOMEONE'S DAY WITH A FLOCK OF  
FLAMINGOS! SURPRISE A FRIEND, NEIGHBOR, OR  
COWORKER BY FILLING THEIR YARD WITH A  
CHEERFUL DISPLAY OF PINK BIRDS. IT'S FUN,  
HARMLESS, AND SUPPORTS A GREAT CAUSE.  
CHOOSE A DATE, WE DELIVER THE FLOCK, AND  
WATCH THE SMILES APPEAR!**

**\$20 TO FLOCK  
MILFORD RESIDENTS ONLY  
FLOCKING 3 HOUSES 2 TIMES A WEEK!**



**TO FLOCK SOMEONE,  
CALL (603) 249-0625  
OR VISIT  
[WWW.MILFORDREC.COM](http://WWW.MILFORDREC.COM)**





# **SAVE THE DATE!!**



## **SPRING 2026 REGISTRATION**

**Milford Recreation Department Spring Programs  
open for registration on **January 19th!** With a  
variety of programs for all ages—including sports,  
fitness, and family activities—there's something  
for everyone this spring. Be sure to register  
early, as spots fill quickly!**





# **2026 SPONSORSHIP OPPORTUNITIES!**



## **Milford Recreation Department**

### **2026 Sponsorship Program**



#### **VISION**

To provide opportunity for each and every citizen to enrich their quality of life by offering a full spectrum of community-driven recreation activities for all ages through the provision of recreation and parks services.

#### **MISSION**

The Milford Recreation Department is committed to enriching the quality of life for all residents by:

- Offering diversified programming, activities and events.
- Assessing and responding to parks and amenities needs.
- Collaborating with community groups that share an interest in recreational goals.

**Contact: John Kohlmorgen**  
**recreation@milford.nh.gov**  
**(603) 249-0625 [www.milfordrec.com](http://www.milfordrec.com)**

# DEPARTMENT INFO



**(603) 249-0625**



**recreation@milford.nh.gov**



**1 Union Square, Milford, NH. 03055**



**milfordnh.recdesk.com**



**@milfordnhrecreation**



**Milford Recreation Department**

**KEEP AN EYE OUT FOR MORE  
PROGRAMS AND EVENTS!**

**CLICK HERE**

