



February & March Newsletter 2026



UPCOMING TRIPS

THE NASH CASINO



THURSDAY, FEBRUARY 12TH, 2026

9:00 AM – 4:00 PM

Get ready for an exciting casino trip! Whether you're trying your luck at the slots, enjoying a poker game, or savoring delicious dining options, there's something for everyone. Don't forget to set a budget, have fun, and soak in the vibrant atmosphere.

ADULTS & SENIORS

DEPART FROM 127 ELM STREET PARKING LOT AT 9 AM

\$10.00

REGISTER NOW

BOSTON TRIP 2026



BOSTON, MA

\$75.00

SATURDAY, MAY 30TH, 2026

8:30 AM – 8:00 PM

Join us for an exciting day trip to Boston! Explore historic sights, stroll through the city, enjoy great food, shopping, and unforgettable views. Don't miss out on a fun day in the city!

This day is for you!

LEAVE FROM CIRTRONICS IN MILFORD AT 8:30 AM

528 RTE 13 SOUTH, MILFORD, NH 03055

REGISTER NOW



YOUTH TRIPS

FEBRUARY VACATION 2026



KEENE, NH

RES: \$65 NRES: \$70

**DEPART FROM 127 ELM
STREET PARKING LOT AT
8:30 AM
(WEST ENTRANCE KEYES
MEMORIAL PARK)**

Spend the day with us as we will take a trip to the Keene Family YMCA, where we will enjoy a morning of swimming! In the afternoon, we will stop by Yankee Lanes to play a few rounds of bowling! Food is included; please bring an extra pair of clothes, a towel, and water!



REGISTER NOW



FITCHBURG, MA

RES: \$75 NRES: \$80

GREAT WOLF LODGE
TUESDAY, FEBRUARY 24TH, 2026

8:30 AM – 4:00 PM

Enjoy the day at the Indoor Water Park, where it's a full day of fun and splashes! Pizza will be provided! Please bring your swimsuit, towel, extra clothing, suitable footwear, and water.

DEPART FROM 127 ELM STREET PARKING

LOT AT 8:30 AM

(WEST ENTRANCE KEYES MEMORIAL PARK)



REGISTER NOW



YOUTH TRIPS

FEBRUARY VACATION 2026



HOOKSETT, NH

RES: \$75 NRES: \$80

REGISTER NOW



**TOWN HALL
AUDITORIUM**
\$5 PP AT DOOR
INFANTS FREE!

BLOCK PARTY SOCIAL & MOVIE

WEDNESDAY, FEBRUARY 25TH, 2026

9:30 AM – 4:00 PM

Join us for a day of arcade games, laser tag, and a movie! Each participant will receive \$20 in gameplay, but bring your own money! Food & Cupcakes will be provided for everyone! After our gameplay, we will make our way back to Milford's Town Hall Auditorium for a movie with popcorn and delicious drinks!

DEPART FROM 121 ELM STREET PARKING

LOT AT 9:30 AM

(WEST ENTRANCE KEYES MEMORIAL PARK)

WILDLIFE ENCOUNTERS

THURSDAY, FEBRUARY 26TH, 2026

11:00 AM – 12:00 PM

Wildlife Encounters will be coming to the Milford Recreation Department. You will have an opportunity to meet the "Faces of Nature" through a dynamic and interactive animal presentation. This program has "hands-on" potential with some of the smaller, interactive animals.



REGISTER NOW



EVENTS



**ALL AGES
(FAMILY/FRIENDS)
\$40 PER TEAM
1 PERSON
REGISTERS
TOWN HALL
AUDITORIUM**

PUZZLE PALOOZA

FRIDAY, FEBRUARY 6TH, 2026

6:00 – 8:00 PM

Get ready for a fun-filled night of puzzles and brain-teasing challenges at Puzzle Palooza! This exciting event brings families and friends together for problem-solving, teamwork, and plenty of fun. Perfect for all ages—don't miss out!

REGISTER NOW

SOMEONE SPECIAL DANCE

SATURDAY, MARCH 7TH, 2026

6:00 – 8:00 PM

Celebrate special moments with your little one at our Someone Special Dance! This heartwarming event offers music, dancing, and fun activities, creating memorable experiences for children and their special guests. A perfect way to share joy and make lasting memories together!



**ALL AGES
(FAMILY/FRIENDS)
\$10 PER
PERSON
TOWN HALL AUDITORIUM**



REGISTER NOW





EASTER EGG HUNT

MARCH 28TH 11 AM - 2 PM

KEYES MEMORIAL PARK

INDOOR LOCATION
TOWN HALL AUDITORIUM

Fun family games,
prizes, and even the
Easter Bunny!

FOR MORE INFORMATION,
CONTACT US:
(603) 249 - 0625



TODDLER PROGRAMS

TODDLER PLAY ALONG



**AGES 2 - 5
FREE!**

JAN. 16 - APR. 23

10:00 AM - 11:00AM

BOYS & GIRLS CLUB

Bring your little explorers to our toddler playgroup, a safe and engaging space for children to play, learn, and grow together. Parents and caregivers can connect, share tips, and enjoy quality time while their toddlers socialize and explore.

 **REGISTER NOW**

TODDLER BASKETBALL



**AGES 2 - 5
RES: \$40 NRES: \$45
S2: FEB. 3 - MAR. 3
NO PROGRAM 2/24
10 - 10:30AM &
10:30 - 11:00AM
TOWN HALL AUDITORIUM**



REGISTER NOW



REGISTER NOW



REGISTER NOW



REGISTER NOW

TODDLER PROGRAMS

MINIS IN MOTION



Minis in Motion

AGES 2 -5

\$40

MONDAY'S

MAR. 2 - MAR. 30

10:00 AM - 10:45 AM

TOWN HALL AUDITORIUM

Our Minis in Motion Program is a fun and energetic way for children to explore movement, rhythm, and self-expression! Kids will develop coordination, confidence, and creativity through imaginative activities, playful choreography, and exciting music.



REGISTER NOW

TODDLER SOCCER



AGES 2 -5

TUESDAY'S

RES: \$40 NRES: \$45

MAR. 3/31 - APR. 4/21

MAY 5/5 - 5/26

10:00 AM - 10:30 AM

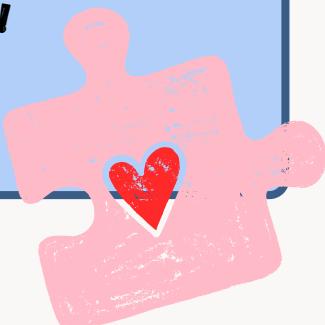
10:30 AM - 11:00 AM

KEYES MULTIPURPOSE FIELD

INTRODUCE YOUR LITTLE ONE TO THE JOY OF MOVEMENT AND TEAMWORK! THIS FUN, PLAY-BASED SOCCER CLASS HELPS TODDLERS BUILD COORDINATION, BALANCE, AND CONFIDENCE THROUGH SIMPLE GAMES AND ACTIVITIES. WITH A FOCUS ON FUN, NOT COMPETITION, KIDS LEARN TO KICK, CHASE, AND LAUGH THEIR WAY THROUGH EVERY SESSION!



REGISTER NOW



YOUTH PROGRAMS

ADULTING 101



AGE: 12-18

\$20 FOR THE ENTIRE SESSION

6-7:30 PM

APRIL 1 - MAY 6

NO PROGRAM 5/29

(WEDNESDAYS)

BANQUET HALL

Adulting 101 is designed to help you develop the confidence and practical skills necessary to thrive in everyday life. From budgeting, cooking, and time management to basic home maintenance, communication, and self-care, we'll cover the essentials that make "adulting" a little less overwhelming!

REGISTER NOW

SAFE SITTER



SAFE SITTER

INSTRUCTOR MRD STAFF

9:00 AM - 3:30 PM

MARCH 10TH, 2026

FEES: \$RES: \$90 NRES: \$95

**LOCATION: TOWN HALL
BANQUET HALL**

Prepare teens to be responsible, confident babysitters! Our Safe Sitter program teaches safety, basic childcare, and problem-solving skills in a fun, interactive setting. Perfect for teens ready to care for younger children responsibly.



REGISTER NOW



ADULT/SENIOR PROGRAMS

PICKLEBALL



AGES 18+

**\$3 DROP - IN OR \$25 SESSION
(MONDAY)**

FEB. 2 - MAR. 30

(THURSDAY)

FEB. 5 - APR. 2

**8:30 AM - 10:00 AM
BOYS & GIRLS CLUB**

Looking for a fun way to stay active, meet new people, and enjoy some friendly competition? Pickleball is perfect for adults of all skill levels!

Whether you're a beginner or a seasoned player, come out, grab a paddle, and experience this fast-growing, social sport.



REGISTER NOW



AGES 18+

**\$10 DROP - IN
(TUESDAY'S)**

FEB. 3 - MAR. 31

6:30 - 7:30PM

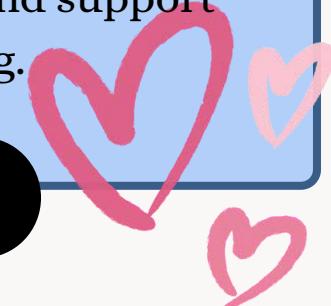
TOWN HALL BANQUET HALL

TAI CHI QIGONG/FOUNDATIONS

Experience the calming benefits of Tai Chi & Qigong Foundations, a gentle class focused on slow movements, balance, breathing, and mindfulness. This program is perfect for beginners and anyone looking to improve flexibility, reduce stress, and support overall well-being.



REGISTER NOW



ADULT/SENIOR PROGRAMS



TAI CHI FORMS

AGES 18+

\$40 PER SESSION

TUES. FEB. 3 – FEB. 24

THUR. FEB. 5 – FEB. 26

TUES. MAR. 3 – MAR. 31

THUR. MAR. 5 – MAR. 26

5:15 – 6:15PM

TOWN HALL BANQUET HALL

Learn and practice the flowing movements of Tai Chi Forms in this class designed to improve balance, flexibility, and focus.

Participants will be guided through a series of gentle sequences that promote relaxation, coordination, and overall well-being. Perfect for beginners and experienced practitioners alike!

REGISTER NOW



ADULT/SENIOR PROGRAMS



AGES 18+
\$105 SESSION
TUESDAY'S
MAR. 4 - APR. 15
8:30 - 9:30 AM
TOWN HALL
AUDITORIUM

YOGA STRENGTH

Build strength, improve flexibility, and enhance balance with our Yoga Strength program. This class combines traditional yoga poses with strength-focused exercises, helping participants tone muscles, increase endurance, and promote overall wellness in a supportive and energizing environment.



REGISTER NOW





ADULT/SENIOR PROGRAMS

SEATED YOGA



AGES 50+
\$40 SESSION
THURSDAY'S
FEB. 5 – FEB. 26
MAR. 5 – MAR. 26
10:00 – 11:00 AM

TOWN HALL BANQUET HALL

Enjoy the benefits of yoga from the comfort of a chair! Seated Yoga is a gentle, accessible program designed to improve flexibility, strength, and relaxation. Perfect for participants who prefer or require a modified approach to traditional yoga.



REGISTER NOW

SENIOR COFFEE CONNECTIONS



AGES 50+
2ND. WEDNESDAY,
MARCH – NOVEMBER
10:00 – 11:30 AM
TOWN HALL BANQUET HALL

Join us for Senior Coffee Connections, happening monthly from March through November! Enjoy coffee, conversation, and a variety of engaging programs each month, designed to bring the community together, spark new friendships, and offer fun and informative activities for our senior participants.

PLEASE VISIT OUR
WEBSITE TO REGISTER OR
CALL (603) 249 – 0625



ADULT/SENIOR TRIPS!



AVIATION MUSEUM OF N.H.

\$30
MARCH 5TH, 2026
10:00 AM – 4:00 PM
DEPART FROM THE 127
ELM STREET PARKING LOT
AT 10 AM
REGISTRATION DEADLINE:
2/19

THURSDAY, MARCH 5TH, 2026
10:00 AM – 4:00 PM

Join the Milford Recreation Department for an exciting trip to the Aviation Museum of NH! Explore historic aircraft, interactive exhibits, and fascinating stories of flight. After our tour, we will stop at the 99 Restaurant in Manchester for an Afternoon lunch!



REGISTER NOW

KEENE AXE THROWING



\$60
9:30 AM – 4:00 PM
DEPART FROM 127 ELM ST.
PARKING LOT AT 9:30 AM
DEADLINE TO REGISTER:
2/26

THURSDAY, MARCH 12TH, 2026
9:30 AM – 4:00 PM

Join us for Senior Coffee Connections, happening monthly from March through November! Enjoy coffee, conversation, and a variety of engaging programs each month, designed to bring the community together, spark new friendships, and offer fun and informative activities for our senior participants.



REGISTER NOW



ADULT/SENIOR TRIPS!



102 ESCAPE ROOM

THURSDAY, APRIL 9TH, 2026

2:00 PM – 7:00 PM

\$55
APRIL 9TH, 2026
2:00 PM – 7:00 PM
DEPART FROM THE 127
ELM STREET PARKING LOT
AT 2 PM
REGISTRATION DEADLINE:
3/26

Put your problem-solving skills to the test and have a blast with friends on our escape room trip! Enjoy a fun, interactive experience filled with puzzles, teamwork, and laughs.



REGISTER NOW



FOOTLOOSE AT PALACE THEATRE

FRIDAY, APRIL 17TH, 2026

4:00 PM – 10:00 PM

\$80
APRIL 17TH, 2025
4:00 PM – 10:00 PM
DEPART FROM THE 127 ELM
STREET PARKING LOT AT
4:00 PM
DEADLINE: 4/3/25

Kick off your Sunday shoes and join us for Footloose! Experience the high-energy musical filled with unforgettable songs, incredible dancing, and a story about finding freedom, friendship, and the courage to be yourself. Don't miss this feel-good production that will have you dancing in your seat! Before the show, we will stop by Ignite Bar & Grille for a lovely dinner!



REGISTER NOW



Feelin' LUCKY ADULT/SENIOR TRIPS!



BOSTON RED SOX

FRIDAY, MAY 1ST, 2026

2:00 PM – 11:00 PM

This is a pitch you don't want to miss! Join us for a night you won't forget at Fenway Park, home of the Boston Red Sox, as they battle the Houston Astros!

Whether this is your first trip or your tenth, Fenway Park has numerous amenities to offer, from The Green Monster to Pesky's Pole in Right Field to singing "Sweet Caroline" in the 8th Inning. You are guaranteed to have the best experience of your life. Grab your glove, your favorite Red Sox hat, and secure your seat by registering today!

TRANSPORTATION & TICKET

FEE: \$75 RES; \$95 NRES

MAY 1ST, 2026

DEPART FROM 127 ELM ST.

PARKING LOT AT 2:00 PM

DEADLINE: 4/17

REGISTER NOW

FULLER GARDENS

THURSDAY, MAY 21ST, 2026

10:00 AM – 4:00 PM

JOIN MILFORD RECREATION FOR A RELAXING AND SCENIC GARDEN TRIP FILLED WITH BEAUTIFUL BLOOMS, PEACEFUL WALKABLE PATHWAYS, AND FRESH AIR. ENJOY TIME EXPLORING STUNNING GARDENS, TAKING PHOTOS, AND UNWINDING IN A CALM, NATURAL SETTING. THIS TRIP IS IDEAL FOR NATURE LOVERS, GARDEN ENTHUSIASTS, OR ANYONE SEEKING A REFRESHING DAY OUT WITH FRIENDS.

TRANSPORTATION IS PROVIDED—BRING COMFORTABLE SHOES, YOUR CAMERA, AND YOUR LOVE OF THE OUTDOORS! AFTER OUR GARDEN VISIT, WE WILL STOP BY THE BEACH PLUM IN NORTH HAMPTON FOR LUNCH!

\$35

MAY 21ST, 2026

10:00 AM – 4:00 PM

**DEPART FROM THE 127 ELM
STREET PARKING LOT AT 9:00 AM
REGISTRATION DEADLINE: 5/7**

REGISTER NOW



ADULT/SENIOR TRIPS!



M/S MOUNT WASHINGTON

\$85

MAY 28TH, 2026

8:00 AM – 4:00 PM

MIN: 5 MAX: 14

**DEPART FROM THE 127 ELM
STREET PARKING LOT AT**

8:00 AM

REGISTRATION DEADLINE: 5/4

THURSDAY, MAY 28TH, 2026

8:00 AM – 4:00 PM

**JOIN US FOR A SCENIC BOAT CRUISE ON
LAKE WINNIPESAUKEE ABOARD THE
HISTORIC M/S MOUNT WASHINGTON!**

**ENJOY BREATHTAKING LAKE AND
MOUNTAIN VIEWS WHILE RELAXING ON
DECK OR INSIDE THE COMFORTABLE
DINING AREAS. LUNCH ON THE BOAT!!**

REGISTER NOW





BRUNCH BINGO!

EVERY 4TH WEDNESDAY
MARCH - NOVEMBER

JOIN US FOR A LIVELY BINGO SESSION FILLED
WITH LAUGHS, PRIZES, AND GOOD COMPANY!

WHETHER YOU'RE A SEASONED PLAYER OR
TRYING IT FOR THE FIRST TIME, EVERYONE'S
WELCOME. GRAB YOUR CARDS, MARK YOUR
NUMBERS, AND GET READY TO SHOUT BINGO!

**\$3 FOR BINGO CARDS
\$3 MEALS ON WHEELS LUNCH
CALL CAROL MCKILLIP TO
RESERVE A LUNCH!
(603) 424-9967**

12 PM - 2 PM

TOWN HALL AUDITORIUM



FOR MORE INFO: CONTACT
(603) 249-0625 OR
WWW.MILFORDREC.COM



YOU'VE BEEN FLOCKED!



BRIGHTEN SOMEONE'S DAY WITH A FLOCK OF FLAMINGOS! SURPRISE A FRIEND, NEIGHBOR, OR COWORKER BY FILLING THEIR YARD WITH A CHEERFUL DISPLAY OF PINK BIRDS. IT'S FUN, HARMLESS, AND SUPPORTS A GREAT CAUSE. CHOOSE A DATE, WE DELIVER THE FLOCK, AND WATCH THE SMILES APPEAR!

\$20 TO FLOCK

MILFORD RESIDENTS ONLY

FLOCKING 3 HOUSES 2 TIMES A WEEK!



**TO FLOCK SOMEONE,
CALL (603) 249-0625**

OR VISIT

WWW.MILFORDREC.COM



SAVE THE DATE!!

SPRING 2026 REGISTRATION

Milford Recreation Department Spring Programs
open for registration on **January 19th!** With a
variety of programs for all ages—including sports,
fitness, and family activities—there's something
for everyone this spring. Be sure to register
early, as spots fill quickly!



2026 SPONSORSHIP OPPORTUNITIES!



Milford Recreation Department

2026 Sponsorship Program



VISION

To provide opportunity for each and every citizen to enrich their quality of life by offering a full spectrum of community-driven recreation activities for all ages through the provision of recreation and parks services.

MISSION

The Milford Recreation Department is committed to enriching the quality of life for all residents by:

- Offering diversified programming, activities and events.
- Assessing and responding to parks and amenities needs.
- Collaborating with community groups that share an interest in recreational goals.

Contact: John Kohlmorgen

recreation@milford.nh.gov

(603) 249-0625 www.milfordrec.com

DEPARTMENT INFO



(603) 249-0625



recreation@milford.nh.gov



1 Union Square, Milford, NH. 03055



milfordnh.recdesk.com



@milfordnhrecreation



[Milford Recreation Department](https://www.facebook.com/MilfordRecreationDepartment)

**KEEP AN EYE OUT FOR MORE
PROGRAMS AND EVENTS!**

CLICK HERE

